



Darling Downs Shared Care Incorporated. Trading as

Carbal Medical Centre January 2014 Newsletter

1. CEO's Report

Dear staff, community and valued stakeholders. Welcome to the January edition of the Carbal Newsletter.

Doctors and New Staff:

Dr Greg Howland will be reducing his working hours from 4 days a week to 2 days a week which will be Mondays and Fridays. On Mondays this will be a Walk in Clinic as there are many issues that occur over the weekend which require treatment. If you want to specifically see Dr Howland, then making an appointment on the Friday would be best. I would like to thank Dr Howland for his work thus far at Carbal and I hope that we continue to share a great working relationship into the future.

Dr Vincent Lee is a final year registrar training to become a GP and will be starting here at Carbal on Tuesday the 28th of January. After an induction, he will start to see clients and we will open his calendar for bookings. Please make him feel welcome to the Carbal team.

We also have another 3 doctors starting this year. Once they have completed their prerequisites to obtain their provider number. Their start date is unknown, but Carbal will inform you when that is.

I would like to welcome Virginia Cavanagh, our Chronic Diseases registered nurse. Virginia has moved to Toowoomba after living and working as a Remote Area Nurse/Midwife in remote WA and FNQ for the last eight years. Please welcome her to the Carbal team.

What to expect in 2014

Education Sessions: Training afternoons will occur every Thursday from 1.30pm – 4.30pm, meaning Carbal will be closed during this time. The training will occur on a weekly basis for all staff. The Model of Care will be launched on Thursday the 23rd of January. The weekly training will persist until such time as all staff and other stakeholders are across the Model of Care and have a high understanding of what it is we do here at Carbal. To improve the health of our Mob.

Carbal Medical Centre will provide holistic world class medical and health care services





MOB: Carbal is looking at deploying the Mob van to Warwick, and are finalizing a position where it will be placed. Peppertree Medical Centre is working with Carbal Medical Centre and will bulk bill all indigenous clients in Warwick. So please spread the word.



PEPPERTREE
MEDICAL

Pap Smear Clinic: The numbers are rather low for the Pap smear clinic. It would be good for your health's sake to get one done. Our clinics are on Thursday mornings but you can book them for other times.

Kidney Specialist Clinic: Carbal have reached an agreement to have a kidney specialist here in the next few months, to deal with our clients with kidney disease.

Existing Diabetes Clinic: Carbal has a monthly Diabetic clinic with Professor Geoff Nicholson who is a world renowned Endocrinologist (specialist that deals with diabetes) and of the 3 clinics held so far on site here at Carbal there have been many Do Not Attends from clients.

Psychology Trial: A psychologist is still here on Wednesdays, so if you need an appointment please book it with Eve Burke.

Clients not Attending: If you are not attending your scheduled appointment, in order for us to fill that appointment with another client in need, can clients please let us know as far in advance as possible that you will not be attending your appointment? The knock on effects is that clients who require medical treatment may miss out on appointments. This also spreads across the transportation service that Carbal offers. There are a lot of clients not home when our transport driver arrives to pick clients up.

Carbal wants to deliver a high quality service to the community, so that means we have to work together as an organisation and community to minimize the rate of Do Not Attends.

Carbal Medical Centre and I hope you had wonderful and safe holidays with your family and friends.

Yours respectfully, Harry

CEO/ Carbal Medical Centre

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Get to know your Carbal mob...

Rhonda Collins



Hello everyone! I am Rhonda Collins (Martin). I am a Margany woman/spirit totem-Crow.

Today, I am a proud Mum to my 23 year old daughter and Nan to 2 beautiful grandchildren who I love and adore!

I was born in Charleville and raised in Cunnamulla on the south Camp til 1970, when Mum, my 3 brothers and sister moved into a State Home in the township of Cunnamulla. I attended the Cunnamulla State Primary and High School til 1976. From 1977-1978, I attended Ipswich Girl's Grammar School as a Boarder.

My personal and professional life skill has given me the privilege to work in various roles. The most rewarding experience was working with the Kukatja people (Desert Mob) in Balgo, an Aboriginal Community, edge of the Tanami and Great Sandy Deserts, Western Australia. Working in Balgo, I successfully completed a Certificate IV Indigenous Leadership, and this inspired me to develop my leadership aspirations and identify my strengths in establishing and achieving the pathways to attain my goals to inspire others.

In 2013, I successfully gained a position working with the Personal Helpers and Mentor Support (PHaMS) team at Carbal Medical Centre. My experience in this role has provided me with an insight into the vision and mission values that Carbal is working towards achieving quality health outcomes for our mob within our community! As part of the Carbal Team, a proud moment for me was Carbal Medical Centre winning the 2013 "Indigenous Business of the Year". Since working at Carbal, I completed a Diploma of Youth Work and Diploma of Counselling and this enhances my professional development towards my future role as Aboriginal Family Support Worker in Alice Springs as of 3rd February 2014.

As I take this journey, "I stand strong in faith, strengthen the heart of the people", and continue to empower and aspire to the best of my ability!

Crow woman ☺

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